

Driver Hours & Vehicle Checks

This infographic aims to provide professional drivers of goods vehicles or combinations of vehicle and trailer of more than 3.5 tonnes with the basic information on drivers' hours, vehicle condition and driver responsibilities to help drivers to comply and remain legal.

1 Drivers' Hours & Driving Limits

Key



Driving



Rest



Start/End

DRIVING LIMITS & BREAKS FROM DRIVING

As standard you can drive for 9 hours per day with a 45 minute break.

Take 45 minutes rest every 4.5 hours of driving.



SPLIT BREAKS

You can split your 45 minute break into shorter breaks.

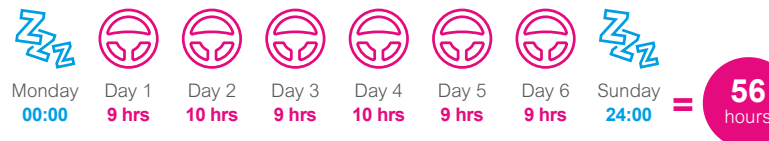


Twice per week you can extend your driving hours to 10 hours.



DRIVING SHIFT PATTERNS

In a 1 week shift you can drive up to 56 hours.



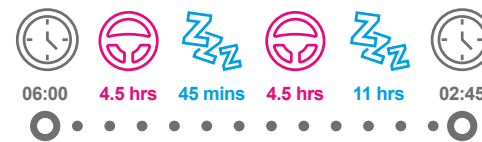
However, you cannot exceed 90 hours in a two week period.

If you drive for 56 hours in week 1 then you can only drive for 34 hours in week 2.



DAILY REST

As standard, you must take 11 hours regular daily rest in addition to your 45 minute break.



Unless you are taking your 11 hour break in one block, your daily rest can be split into two periods. One must be an uninterrupted minimum 3 hours and the second an uninterrupted minimum 9 hours.

Three times per week you can reduce your daily rest to a minimum 9 hour uninterrupted period. Failure to comply with drivers' hours & driving limits could result in a fixed penalty, a graduated deposit or a court summons.

More information on drivers' hours and limits can be found at bluearrow.co.uk/drivingjobs or gov.uk

2 HGV Driver Vehicle Checks

You are responsible for carrying out a walk around check of the vehicle before your journey to make sure that it is safe to drive and that it complies with regulations. Failure to check your vehicle can lead to prohibition, a fixed penalty and points on your licence.

